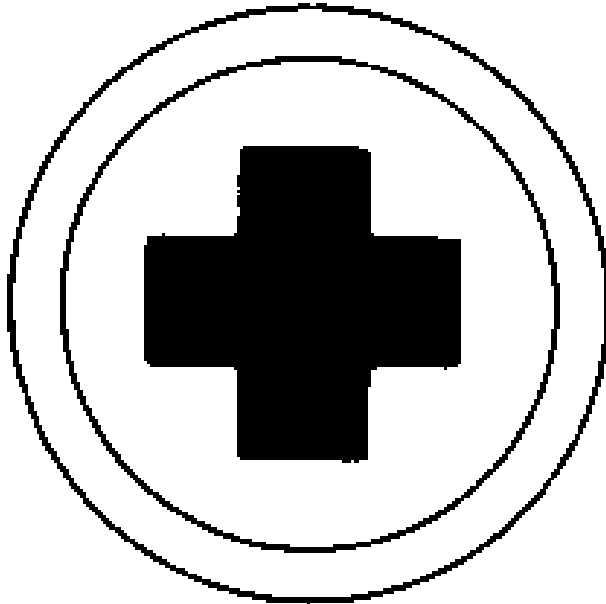


Frontier District



First Aid Meet
Hawk Mountain Council

MONDAY, MARCH 1, 2010
6:00 PM to 9:00 PM

Frontier District - 2010 - First Aid Meet

When: Monday, March 1, 2010 - 6:00 PM to 9:00 PM

Where: Oley Valley Middle School Cafeteria, Lobby Area, Friedensburg Rd., Oley, PA.

Purpose: With an attitude of good sportsmanship and Scouting spirit to develop leadership, create team participation, and measure first aid proficiency.

Who: Patrols consisting of:

- 5-8 registered Boy Scouts or Venturers.
- Natural patrols, as they currently exist in the troop. Crews form 5-8 person teams.
- There is no limit to the number of patrols/teams a unit may enter.
- The use of Cub Scouts or Webelos Scouts as the "victim" encourages a positive Crew/Troop/Pack relationship.
- Class "A" uniform is requested.
- All Patrols must supply a judge for the competition. There will be a meeting for all judges at exactly 6:45PM.

**** Please attempt to wear non-marking sole shoes!!!**

Registration: All participants should pre-register by Friday, February 26, 2010. A registration form is included in this packet; please refer to this form. You may want to make a copy for your records.

Check In: Check in will begin at 6:00 PM. Competition will begin at 7:00 PM. Patrols/crews arrive as a unit and present their roster. (Rosters are included) The youth leader is the spokesperson. He/She will:

- Register their patrol/crew by presenting a roster and receiving information.
- Lead their patrol/crew to the assigned floor number and confirm they're set up.
- Report to the floor director.
- Receive instructions for their patrol/crew.
- Realize that scoring emphasis will be placed on each leader's leadership ability!
- Receive an open book First Aid Quiz that the patrol/crew will complete together.

Visitors: Visitors are welcome, especially Cub Scouts and Webelos Scouts. We plan to have a large attendance that night, so we ask that visitors remain in the spectator area. We also need to remind each patrol that there is NO coaching from the sidelines as this may affect your score!

PATROL FIRST AID EQUIPMENT (See BSA Handbook)

Sterile Compresses (use tissue paper in envelope if needed)	Pencil/pen and paper
Latex gloves	Water bottle
Plastic Goggles	CPR mouth barrier
Padding - (articles of clothing are fine)	Scissors
Neckerchiefs and/or splint ties (4-8)	Antiseptic Ointment
Triangular bandages (neckerchiefs)	Blankets (2)
Ace Bandages (2)	Moleskin
Soap or antiseptic wipes	Band-Aids
Splints - May be natural or improvised (see BSA Handbook for ideas)	
BSA Handbook (1) - Current edition * for the open book quiz only	
First Aid Merit Badge Book (1) - Current edition * for the open book quiz only	
*Note - Once the scenarios begin, no reference materials may be utilized	

SAMPLE SCENARIOS

Scenario #1 Hiking on the Appalachian Trail

On an early winter day, the Fox patrol decides to hike the rocky mountainside, right off Route 61 in Port Clinton. After hiking half an hour, of the estimated three-hour hike, a scout stumbles on some loose rocks, falls backwards and hits his head serious enough to cause bleeding. He is awake but somewhat confused about where he is. His head is bleeding and he is complaining of pain in his left wrist, and has abrasions on his left palm (he used this arm to brace the fall). Administer first aid.

Scenario #2 Bicycle Accident

Your troop has taken a bike hike into Valley Forge Park. Everyone was to bring 2 water bottles filled with water and your leaders have cars parked at another spot for water refill. Before the ride begins, one scout decides to throw the water at his friend and pour the other bottle on himself to cool off. It is a hot July afternoon and 3 miles into the first 6 miles this scout is having difficulty staying with the group. He is red and he is not sweating. He is speaking what seems confusing to you. When you take his vital signs, his pulse is rapid. Administer First Aid.

Scenario #3 Service Project

While on a campout your troop is conducting a service project, moving rocks and logs to create an amphitheater for future use. A few scouts refuse to wear work gloves because of the way the gloves fit. At lunch three of the scouts report a raised red area that hurts and itches, they notice a red line extending from the red area. There appears to be a spot in the middle of the red area. Three other scouts notice red blistering areas on their wrists and faces. Administer first aid.

Scenarios/Judging/Scoring:

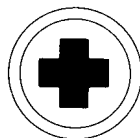
- Scenarios will be based and judged on the first aid requirements found in:
First Aid Merit Badge Book - Current Edition.
First aid section of the Boy Scout Handbook - Current Edition.
- There will be several scenarios judged on a point system and the open book First Aid quiz.
- Each scenario will be read aloud to the patrol/crew, by the judge.
- A copy of the scenario will be given to the patrol leader for the patrol to study and discuss for two (2) minutes. No work may take place at this time!
- A signal will indicate the time to start.
- Patrols/crews will have ten (10) minutes to complete first aid on the victim.
- There will be a one (1) minute warning before final buzzer and all first aid stops.
- Bandages, splints, slings, etc., remain in place until given the instruction, by the judge, to remove them.
- All will be briefed on the scoring system.
- Judges will rotate to a new patrol/crew (floor number) after each scenario.
- Scoring based on the requirements in the:
 1. First Aid Merit Badge Book – Current Edition.
 2. First Aid Section of the Boy Scout Handbook.
- Score sheets will be collected after each scenario.
- Coaching from the sidelines may disqualify or penalize a patrol!
- Each Troop is requested to bring one (1) Judge (adult-over 21) for each patrol entered in the First Aid Meet.

Recognition: The First Aid Meet is a competition among patrols/crews, as well as, a measure of each patrol's/crews leadership, teamwork and first aid proficiency. Therefore the following will be recognized:

- Each Participant will receive an event patch.
- Each Patrol will receive a flag ribbon.
- The three (3) Patrols with the Highest scores will receive recognition.
- The three (3) Venture Crews with the Highest scores will receive recognition.

*****In the case of a tie, both units will be recognized*****

Recognition will take place at the end of the Meet and prior to the Closing Ceremony!



**Frontier District First Aid Meet
March 1, 2010**

Registration Form



**Please Mail or return completed registration form to:
Hawk Mountain Council, BSA
Attn: Ben W, District Executive
5027 Pottsville Pike
Reading, PA 19605
DEADLINE: Friday, February 26, 2010**

Troop/Crew Number: _____

Scoutmaster/Advisor: (or contact person) _____

Telephone Number: _____ e-mail: _____

Number of Patrols: _____

Total Number of attendees: _____ x cost \$4.00 Fee subtotal: = _____ (a)

Number of extra patches: _____ x cost \$1.00 Fee subtotal: = _____ (b)

Make checks payable to:

Hawk Mountain Council

Grand Total (a+b) = _____

Or pay by credit card

Credit Card # _____ 3-digit security code on back _____

Circle one (M/C/Visa/Discover)

Name as it appears on card _____ Expiration Date: _____

Please complete the attached roster

FRONTIER DISTRICT FIRST AID MEET
PATROL/TEAM ROSTER

Troop/Crew # _____

Patrol/Team Name _____

Leader: _____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____



FRONTIER DISTRICT FIRST AID MEET
PATROL/TEAM ROSTER

Troop/Crew # _____

Patrol/Team Name _____

Leader: _____

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

